

# **Raleigh Rocks Half Marathon and 5K**

**Sunday, April 1, 2012**

**RBC Center**

**Raleigh**

**Ready to rock ‘n roll? We are and now we have a site that will  
allow us to turn up the volume**

**7:30 AM *Half Marathon***

**7:50 AM *5K***

**[ncraces.com](http://ncraces.com)**

Plenty of free parking within feet of the Start/Finish Line. Be sure to stay for the Post Race Concert.

Inside Cover:

## **New for this year**

We have made a change in the route beginning at 6 Miles. You will not run the Wade Park, Trinity Road, Trenton Road and Reedy Creek Road in reverse from the way we ran it in 2011. This will take out the series of hills on Trenton Road.

Once you get to Edwards Mills on Reedy Creek, you will return to the RBC Center via Edwards Mill. Enjoy the long downhill.

**Maps available on: [ncraces.com](http://ncraces.com)**

*Special Medals for all Half Marathon Finishers – see medal on ncraces.com*

## **Music and Concerts**

We have added several new locations to the bands and will now have 10 locations along the route with good ol' loud rock.

For band line up, check ncraces.com

## **Entry Fees**

*Still the best deal in North Carolina*

## **Half Marathon**

Includes the silky tech shirts we originally used with this race. A few dry blend tech shirts will be available if you don't like the tech shirt material.

**\$65**                      \$80 Beginning March 12

## **5K**

Includes silky tech shirt. A few cotton shirts will be available if you don't like the tech material.

**\$25**                      \$30 Beginning March 12

*Note for 5K Runners.....because of the route, the roads around the RBC Center close at 7:30 AM, so arrive early.*

## **Registration and Packet Pick Up**

**Wednesday, March 28**

**Friday, March 30**

**Saturday, March 31**

Ramada Blue Ridge Road

Ramada Blue Ridge Road

**4:00 PM – 6:00 PM**

**4:00 PM – 6:00 PM**

**6:00 AM – 11:00 AM**

## Age Divisions

Awards will be presented to the following categories:

Top 5 Male and Top 5 Female in the Marathon

Top 3 Male and Top 3 Female in the 5K

Top 3 Masters Males and Top 3 Masters Females in Half Marathon and 5K

15- under	35-39	60-69
16-19	40-44	70-Over
20-24	45-49	
25-29	50-54	
30-34	55-59	

*Wheelchair participants should refer to ncraces.com for wheelchair participation guidelines and regulation. We do not allow hand-crank chairs.*

## Rules and Regulations

We do not allow dogs in our events. We do not allow inline skates, skateboards, roller skates or any mode of transportation other than running or walking.

If the race should be cancelled, delayed or postponed for conditions beyond the control of the Race Director (i.e., weather, National/State/Local emergencies), we will not give refunds, but will make runner packets available at a pre-determined location. Details will be on ncraces.com.

Race Director or Race Committee reserves the right to remove any participant from the race course at our discretion.

**T-shirt Size:** Men's S M L XL  
Women's S M L XL (special cut shirt for women only)  
Youth S M L

Entry Form

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**Event Entered:** Half Marathon \_\_\_\_\_ 5K \_\_\_\_\_

**Entry Fees:** Half Marathon **\$65** \$80 Beginning March 14  
5K **\$25** \$30 Beginning March 14  
Amount Enclosed: \$\_\_\_\_\_

Make Check Payable: **Raleigh Rocks Half Marathon**  
**1213 Matthews Glen Drive**  
**Knightdale, NC 27545**

**I understand running events are strenuous activities and that I have properly trained to participate in the event(s) I've entered. I agree to abide by any instructions, rules or guidelines established and communicated to me by the race committee, staff and volunteers.**

**As a result, I hold harmless BTR Management, Raleigh Kiwanis Club, RBC Center, the Centennial Authority, City of Raleigh and all sponsors and supporters of this event, whether listed above or not.**

**Signature**\_\_\_\_\_ **Date**\_\_\_\_\_

**Signature (parents or guardians if participant under 18)**\_\_\_\_\_