

Crossroads Plaza

Thanksgiving Day 5K Turkey Trot

November 24, 2011

Crossroads Plaza Shopping Center

Cary, NC

5K

9:00 AM

1 Mile Fun Run

10:10AM

100 Yard Kids Dash

10:15 AM

**Plenty of free parking and easy access from I 40, US 1 and I
440.**

ncraces.com

BTR Management and **ncraces** are pleased to announce this exciting race featuring plenty of free parking next to the Start/Finish area and a flat course around Crossroads Plaza.

Course Description

Race begins and ends on Crossroads Blvd. in front of the Food Court. Map on ncraces.com

Entry Fees

5K	\$25	\$30 beginning November 14
1 Mile Fun Run	\$10	no late fee (includes cotton shirt)
100 Kids Dash	\$5	no late fee (shirts available for purchase)

Contact the Race Director regarding special Family Discounts:
butch.robertson@earthlink.net

Race Shirts

Tech shirts for the 5K are both men's and women's sizes. The 1 Mile Fun Run will have cotton shirts.

To guarantee your size, you will need to register prior to November 14. We will have shirts available, but cannot guarantee your size if you register after November 14.

Any exchanges will be made post-race.

Registration and Packet Pickup

Wednesday, November 23

4:00 PM – 6:00 PM

**Omega Sporting Good
Crossroads Plaza**

Thursday, Thanksgiving Day

**7:30 AM – race time
Omega Sporting Goods**

Proceeds

Crossroads Plaza and ncraces.com are working with a local family services organization to provide funds directly to needy families in the Triangle during the Holiday Season. Our goal is to provide these families with Christmas shopping trips to the various merchants of Crossroads Plaza. **Updates will be available on ncraces.com.**

For more information:

Butch Robertson, Race Director butch.robertson@earthlink.net

Rules and Regulations

We do not allow dogs or pets in our events for insurance reasons. In addition, we do not allow skates, skateboards or other means of transportation other than running, walking or wheelchair. Babyjoggers or jogging strollers are allowed.

The Race Director reserves the right to remove any participant or spectator from the course or Plaza without explanation.

Cancellation Policy

If the race should be cancelled or postponed for reasons beyond the control of the Race Director or Race Committee (i.e., weather; local, state or national emergency), refunds

will not be made, but race packets, including t-shirts, will be available. For more information: ncraces.com

Drawing

All registered runners, including Fun Run and Kids Dash, or eligible for a post race drawing of gift certificates to Crossroads merchants as well as other prizes. You must be present to win.

Entry Form

I plan to enter: 5K _____ 1 Mile _____ Kids Dash _____

Name _____ Sex _____ Age (11/24/11) _____

Address _____ City _____ St _____ Zip _____

Email _____

Amount Enclosed:

5K \$ 25 (\$30 beginning November 14) _____

1 Mile \$10 _____

Kids Dash \$5 _____

Make Check Payable to:

Crossroads Turkey Trot 5K

1213 Matthews Glen Drive

Knightdale, NC 27545

Shirt Size:

Men's Tech S _____ M _____ L _____ XL _____ Women's Tech S _____ M _____ L _____ XL _____

Cotton Shirts (1 Mile Fun Run) S _____ M _____ L _____ XL _____

Youth Size: S _____ M _____ L _____ (Fun Run and 5K only)

I understand that participating in a road race is a physically strenuous activity and that I have properly trained and understand the risks involved. Therefore, I hold harmless any personal injury or health issues that may arise from my participation in this event the following: BTR Management, Crossroad Plaza, management of Crossroads Plaza, any and all merchants of Crossroads Plaza whether sponsoring this event or not, the Town of Cary and any and all sponsors or suppliers not listed. Additionally, I will abide by the rules and regulations of the Race Committee.

Signature _____ Date _____

Parent or Guardian if under 18 years of age _____