



Prizes

Anyone who registers is eligible to win an award. Drawing will be held immediately after the race. (Must be present to win)

This is a **Fun Run** and no age divisions or official times will be given. A digital clock will be posted at the Finish Line with the time. All registered runners are eligible for drawings and prizes provided by the merchants at North Hills.

For more information:

Registration:

Butch Robertson
butch.robertson@earthlink.net

Sponsorship:

Angela Slater
aslater@kanerealtycorp.com

Race Updates and new information:

nrcraces.com
northhillsraleigh.com



LeBleu

GOLD'S GYM



Midtown Harvest Run
Kane Realty Corporation
4321 Lassiter at North Hills Avenue
Suite 250, Raleigh, NC 27609

Midtown Harvest Run



5k Fun Run and Kids' Dash at North Hills

Saturday, October 18

9:00 AM . 5K Fun Run

10:00 AM . 100 Yard Kid's Dash
(9 year olds and younger)

Benefitting

 American Diabetes Association®

nrcraces.com

NORTH  HILLS

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The Midtown Harvest Run—5k Fun Run and Kids’ Dash at North Hills begins at the North Hills Shopping Center and runs through beautiful surrounding neighborhoods (map available on northhillsraleigh.com and ncraces.com). The run concludes back in the heart of the shopping center and will be followed by the 100 Yard Kids Dash.

All registered runners will be eligible for drawing from our many merchants and store owners. In addition, one lucky participant will win a \$100 North Hills gift card.

All proceeds from this event go to benefit the American Diabetes Association of North Carolina. The mission of the American Diabetes Association is to prevent and cure diabetes and to improve the lives of all people affected by diabetes. Nearly 24 million Americans are living with diabetes nationwide and over 600,000 people are affected here in North Carolina. Together we can find a cure!

For more information about diabetes and the American Diabetes Association please visit www.diabetes.org.

Entry Fees

5K Fun Run **\$18 on or before October 10**
 \$25 beginning October 11

Kid’s Dash **\$10 (entry includes t-shirt)**

How to Register

Registration can be done online at ncraces.com

Packet Pick Up will take place at North Hills

Friday, October 17 from 4:00 PM – 6:00 PM
Saturday, October 18 beginning at 7:00 AM

Please see websites for exact location

Name _____ Age (as of 10/18/08) _____ Sex _____

Address _____ City _____ St. _____ Zip _____

Email _____

Event Entered: 5K Fun Run _____ 100 Yard Kid’s Dash (9 years old and younger) _____

T shirt Size (circle one): YS YM YL S M L XL XXL

I would like to make a tax deductible donation to the American Diabetes Association of North Carolina in the amount of

\$ _____

Total Enclosed: \$ _____

Make check payable to “NHM Owner-1, LLC” and mail to:

Midtown Harvest Run

Kane Realty Corp.
 Attn: Angela Slater
 4321 Lassiter at North Hills Ave.
 Suite 250
 Raleigh, NC 27609

I understand that running a 5K or Kids Dash is a physically strenuous activity. I hereby declare that I am physically fit and properly trained to participate in this event. In addition, I agree to abide by all instructions from volunteers, monitors, police and race officials during this event. I hereby declare to hold harmless Kane Realty Corporation, North Hills Shopping Center, BTR Management, the City of Raleigh and any and all sponsors or suppliers for this event not mentioned in this waiver.

Name _____

Signature _____ Date _____

Parent or Guardian (if under 18 years of age) _____ Date _____

