

Sorry, we do not allow:

dogs, headphones, skates or bicycles. Race Director reserves the right to control entries or remove any competitor from the race course who is not abiding by any of our rules or instructions.

In the event the race has to be cancelled or postponed due to conditions beyond the control of the race committee or director, partial refunds will be made and race packets will be available.

www.ncraces for more information.

For More Information:

Butch Robertson
BTR Management
butch.robertson@earthlink.net
919-266-2444

PRSR STD
US Postage
PAID
Raleigh, NC
Permit #1910

Great Raleigh Road Race
1213 Mathews Glen Dr.
Knightdale, NC 27545

Celebrate the 4th by running 4

GREAT RALEIGH ROAD RACE

JULY 4th

Downtown Raleigh

Great Raleigh Road Race

4 Miler
8:00 AM

1 Mile Fun Run
9:00 AM

100 Yard Kid's Dash
9:15 AM

Presented by:



www.ncraces.com

Race Course

Age Divisions

News Distance and New Race Course

The Great Raleigh Road Race cut back to a 4 mile race as a safety precaution because of the summer heat.

Directions

Race begins and ends in the 100 block of Hillsborough St.

Turns right on Hawthorne, right on Park left on W. Park, left on W. Johnson, cross over to Smallwood, right on Bellwood, left on Peace, right on St. Mary's, right on Park, left on W. Park, left on Hillsborough back to the Finish where the Start was.

Map available at: www.ncraces.com

Entry Fees

4 miles

\$20 (\$25 after June 20)

Tech Shirts – We are offering tech shirts again this year. The Men's shirts run a size large, so you might want to move down a size. Women's shirts run small, so you will need to move up a size. We guarantee correct sizes to everyone who registers prior to June 20.

1 Mile Fun Run

\$10 (Includes cotton t-shirt)

100 Yard Dash

9 years old and younger

\$5 (all participants receive prizes)

Male and Female Divisions

Top 3 Male/Female Overall
Top 3 Masters Male/Female

Top 3 Overall in each age division

| | |
|-----------------|----------------|
| 15-Under | 40-44 |
| 16-19 | 45-49 |
| 20-24 | 50-54 |
| 25-29 | 55-59 |
| 30-34 | 60-69 |
| 35-39 | 70-Over |

Registration and Packet Pick up

July 3rd

4:00 PM – 6:00 PM

The Athlete's Foot on Cameron Village Street in Cameron Village.

Race Day

July 4th

The race Start area on Hillsborough Street and Salisbury Street next to the state capitol

www.ncraces.com

Name _____ Age (7/04/09) _____ Sex _____
Address _____ City _____ St. _____ Zip _____
Phone _____ email _____

Race (circle) 4 Miles Men's S M L XL Kids Dash
Shirt Size (circle) Men's S M L XL Women's S M L XL

Make checks payable to:
Great Raleigh Road Race
1213 Mathews Glen Dr.
Knightdale, NC 27545

Amount Enclosed: 4 Miles \$20 (\$25 after June 20) _____
1 Mile Fun Run \$10 (no late fee) _____
100 Yard Kid's Dash \$5 _____

I understand that running is a strenuous activity and I am properly trained and conditioned to participate in the event(s) I selected. I agree to obey all race instructions and any instructions offered by race volunteers or officials. I agree to hold all sponsors and contributors, including BTR Management, The Athlete's Foot, Carolina Timing and Events and the City of Raleigh harmless in case any injury I should incur as a result of my participating in the Great Raleigh Road Race.

Signature _____ Date _____

Parent or Guardian if under 18 _____ Date _____